



Disaster Prevention Card

Akiruno City

When you feel intense shaking:

Protect Yourself

take cover under a sturdy desk

Check the Escape Route

Open doors and windows

Get info from multiple source as like TV,Radio,Internet, disaster preparedness broadcasts, etc.

Deal with Fire

Shut off the gas at the main and turn off electric heating appliances. When fire starts, try to deal with it before it spreads out. Although it's dangerous to get close to the fire to extinguish. When you need help, Call 119.

Right Information

Confirm your safety start to evacuate

Evacuation

See page ②

Confirm the safety of Family,Work place, Neighbors Everyone's cooperation is needed to save lives

Safety Confirmation

See page ③,⑤,⑥

When you're outside the house, decide if you're going back home or stay there

Rescue and Relief

Judge Whether to Go Home or not

See page ⑦,⑧

*Act safely! Do not panic!

*Be aware of house, fence, glass, falling object,

[April, 2012]

② Evacuation Method

***** Where to Evacuate *****

①When you want to wait and see
→ Temporary evacuation (gathering) area

If the fire starts with earthquake, evacuate to nearby evacuation area (park, open space, school, etc.) and wait to see the situation.

②When many uncontrolled fire outbreaks occurred
→ Evacuation area

When fire spreads, evacuate to evacuation area designated by district to protect yourself from fire, smoke, and thermal radiation.

③When your house collapsed or burned down
→ Emergency Shelter

If you lost your house, go to emergency shelter set up in elementary schools or junior high schools, and follow the instruction from the city or independent disaster prevention organization

***** How to Evacuate *****

①Shut off the electricity, gas, and water at the main, and lock all doors and windows before evacuation!!

②Evacuate depending on circumstances

If you don't see fire spreading or houses collapsing, prevent a fire hazard and deal with a fire when you find one. Wear athletic shoes and walk on broad roads with less fences when you evacuate. Have a talk about evacuation items with family at normal times. Put the items in a backpack so you can use both hands and put the backpack in the accessible place.

③Avoid leeward side and don't be misled by crowd

Note that a place crowd gets together like station is even more dangerous.

③ Safety Confirmation

"Easy-to-make a call" Phones

Public phone

Telephone card cannot be used when blackout. Prepare 10 yen coins.

In the event of a disaster, it will be difficult to make calls with mobile phones and landlines. Try other ways as like safety confirmation system, e-mail, message board on website to get in touch with others!

Collect Information Stations receivable in this city

1 Mobile phone & TV broadcasting :One Seg broadcasting
2 Portable radio

AM

- NHK Radio 1 (594 Khz)
- NHK Radio 2 (693 Khz)
- AFN [American Forces Network] (810Khz)
- TBS Radio (954 Khz)
- Nippon Cultural Broadcasting (1134 Khz)
- Nippon Broadcasting (1242Khz)

FM

- Inter FM (76.1Mhz)
- FM Tokyo (80.0Mhz)
- J-Wave (81.3Mhz)
- NHK FM broadcast (82.5Mhz)

Community FM

- FM Tachikawa (84.4Mhz) Tachikawa City

There are many stations other than those above.

④ Identification

[Personal Data] ※Be careful when handling personal information!

Name			
Blood type	(RH) A • B • AB • O	Sex	M • F
Date of birth	Month /Date /Year (Age)		
Contact info.	Home	Add. TEL.	
	Family		
	Work	Add. TEL.	
Medical facility to visit, name of disease, etc.			

[Emergency Contact [guardian, relatives, acquaintance, etc]]

Name	TEL.	
Name	TEL.	
Name	TEL.	

[Evacuation Route [place•contact method]]

Evacuation route		

⑤ Contact Method to Family

Disaster Emergency Message Dial 171

You can record safety information (message) by voice to the phone number of a landline or mobile phone and check the voice from all over the country.

- Call 171.
- Follow the guidance and dial 1 to record or 2 to playback. (It is also possible to record and play back with a PIN.)
- Follow the guidance and dial the phone number of the person you want to contact. (For phone numbers that start with the area code, such as 03, dial from the area code.)
- You can record or play a message.

Be sure to see the following homepage beforehand.
<https://www.ntt-east.co.jp/en/saigai/voice171/>

Rehearse at Normal Times

Experience the mobile phone bulletin board service

You can experience the mobile phone bulletin board service for free! Try on the 1st and 15th of every month, first 3 days of January, disaster prevention week in September, disaster prevention and volunteering week in January.

Be sure to check for details at each mobile phone company's websites!!

⑥ How to Use Disaster message board

Disaster Emergency Message Board (WEB171)

You can register and check your safety information (message) by entering the phone number of your landline or mobile phone from your smartphone.

- Access <https://www.web171.jp/>
- Enter the phone number of the person you want to contact.
- Register or confirm a message.

Disaster Message Board

With mobile phone, people in the disaster area can write messages and check messages from anywhere based on their phone numbers. (Check each company's page for how to use it on a smartphone.)

[How to register a message]

- Access the disaster message board with your mobile phone. (In the event of a disaster, information of this service will be displayed on the top screen of each company's official website.)
- Select "Registration" in "Disaster Message Board".
- Select from options such as "I'm OK" for the current state, and enter a comment of 100 letters or less.
- Press "Register".

[How to check the message]

- Access the disaster message board.
NTTDocomo <http://dengon.docomo.ne.jp/top.cgi>
KDDI (au) <http://dengon.ezweb.ne.jp/>
softbank/Ymobile <http://dengon.softbank.ne.jp/>
- Select "Confirm" in "Disaster Message Board".
- Enter the phone number of the person whom you want to confirm its safety and press "Search".
- A list of messages will be displayed. Select the message you want to check the details.

⑦ How to Return Home (Preparation)

Preparation for Returning Home

①Set the route to home from work/school

Choose roads with sideways and wide ones so many people can take the way to return home.

②You may be able to walk no further than 20 km a day. Set several goals.

*With leather shoes, it'll be shorter as 10 km.

Set relay points like relative's home, public facility, convenience store, gas stand, etc.

*If you found any trains working, you may choose the station as a goal.

*Set the point as you can reach by sunset. (Check where you can stay)

Necessary Supplies

③Prepare necessary items.

Get portable radio, map, snack, bottled drink, tissue paper, etc.

⑧ How to Return Home (for practice)

Be prepared that returning home could be dangerous while you cannot use lifelines like electricity and water. Watch out for fire, glass, falling objects!

On the Way Home

To return home safely...

*You find it's long once you actually walk. Remember the following "10 rules to return home safely".

[10 rules to return home safely]

- Don't panic and read the situation. (check fire outbreak and direction of the wind)
- Don't be tricked by false information and get accurate information. (by portable radio)
- Make a plan allowing enough time. (be sure it'll be more dangerous at night)
- Walk in the middle of broad roads. (avoid fence and narrow road)
- You reach at the goal with a lot of small relay points.
- Prepare heating and cooling items according to the season. (portable heating pad and towel)
- Wear athletic shoes or soft comfortable shoes.
- Snack in desk becomes temporary food.
- Make sure the safety of your family. (disaster message, etc.)
- Say hello and help each other.

When a Disaster Occurs in Public Transportation or in a Private Car

*If you suffer from disaster in public transportation, follow the staff and do not act selfishly.

*If you're in your car, pull over the car safely, stop the engine, and evacuate with leaving the key in the lock.

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